



Barry Smith, Coach Report. 27th – 30th April 2017

British Para-Swimming International Meet 2017

Ponds Forge Swimming Pool, Sheffield.



Miss Genny Hunter

Wednesday 26th picking up Cyndie and Genny, we set off for Sheffield, traffic being good we made good time and got to the hotel, a quick cuppa then the short walk to Ponds Forge Swimming pool. We had a lane in the 50m pool to ourselves which gave us a chance to train hard for all the events that was to come over the next 3 days.

Thursday 27th day 1, Genny competed in the 100 FC 0.81sec off her PB but a good settling in swim, next came the 100 BRST Genny won the heat with a super swim and a Long course PB.

Friday 28th Day 2, FC 50m race only today, disappointment for Genny as her ankle gave way as the Referee called the swimmers to take their marks, Genny unable to hold herself wobbled on the block and was DQ'd.

Saturday 29th Day 3, A new day and a new dawn and a new perspective of what was needed for this race. First Heat for the 100 BC Genny had a fantastic start and continued to build her pace into the turn, great underwater work back into the stroke finishing the race with a magnificent 5.9sec Long Course PB.

A brilliant finish at the end of Genny's competition. Genny Hunter - full results:

100FC, Ranked 8th in Britain for S8

100 BC, Ranked 5th in Britain for S8

100 Brst, Ranked 2nd in Britain SB7

Well done Genny a fantastic result for you and Beachfield SS

Coach Baz