



South East Region Youth swimming championships held at Wycombe Leisure Centre, High Wycombe Bucks.

SESSION 2

Kent Weald Swim Squad had its first ever open meet since the successful NAL 2017. After a good warm up Brandon was in heat 6, swimming straight to the final of the 15 yrs 50 brst in 8 th place.

Brandon was swimming again within 30 mins this time in the boys 15 yrs 100 BK, shaving nearly a second off his long course pb placing 15 th in the region and 3 rd fastest Kent swimmer.

Last swimmer in session 2 was Genny Hunter swimming for Beachfield who pb'd and dipped under 1.30 for the first time taking 4 th place in the HDW para event.

SESSION 3

With the sun out with its hat on the temperature was soaring outside and in everyone decamped outside for lunch on the grass, this is how all open meets should be run, on time and sunny, someone ring the weather man please and ask for more!

We resumed swimming business in session 3 with Lois dropping by for a swift 50 BK, resplendent in her KWSS lime green hat, only 3 tenths of a second off her pb but, just happy to be there after a marathon journey starting at 9.30 am and arriving at Wycombe at 2 pm involving a high speed blow out on the motorway, police coming to their aid and the AA fixing the tyre on the side of the motorway with articulated lorries whizzing by.

Well done Lois staying cooler than ice, good to see you all in one piece.

Genny came back for the 100 brst replicating her 4 th place again!

With session 3 drawing to a close, the last event saw Brandon back in action again after a very long and fatiguing wait in the pool environment swimming to 12 th place in 100 Brst and the second fastest Kent swimmer in the region.

Session 4 finals

Brandon was in the first Final of session 4 getting off to a great start getting into his rhythm quickly, looking technically great, by the halfway mark he was in 5 th place and going well as the fastest and only Kent county swimmer in the final finishing in 8 th place.

The KWSS shirts caused a few conversations with other coaches interested in the colour and the philosophy raising the profile in the south east region.

Done by 5 pm back to the hotel to write out the meet report a successful first day for KWSS and Genny, back tomorrow for warm up at 8.45 am

SESSION 5

Sunday 6/5/18

Richard Skirving (GNSC)arrived to support the team

The KWSS girls 4x100 Medley 14/16 yrs team had their maiden swim at SER youth, some good splits well done girls Lois on Bk, 72.60, Noemi on brst, 86.37 Georgia on fly 75.22, Tilda on the anchor free 29.84

SESSION 5

KWSS boys 4x100 free team 14/16 yrs consisting of Brandon 58.78, Josh 65.26, Ollie, 59.10 and Sam on the anchor leg 67.07 six seconds faster than their entry time, considering the

team had four 14 year olds up against swimmers who were nearly 17 not a bad effort.

Tilda picked up a very satisfying pb swimming to her first sub 29 in the girls 16 yrs 50 free looking very smooth and long in the water making her the second fastest Kent swimmer in the event.

Genny was just off her pb in the MC 50 free placing 4th, Genny was soon back in the water competing in the MC 100 bk taking another 4 th place.

Lois was in heat 3 of the girls 15 yrs 100 bk just missing the final as second reserve but the fastest Kent swimmer in the 15 yrs event.

Last to swim in session 6 was Brandon in the boys 15 yrs 200 im, controlling the first 50 fly, building the bk , pacing the brst at a 200 brst pace, then all out in the last 50 free swimming to a 3 second pb and 6 th place in the final, the fastest Kent county swimmer, to gain a little perspective any pb or near pb this weekend is outstanding effort.

We made a tactical decision to withdraw from the final to aid recovery for the next day

A good day for KWSS

SESSION 8 Monday 7/5/18

Bank holiday Monday at Wycombe and the KWSS 14/16 yrs boys 4x100 Medley team were in heat one lane 2 going in with an entry time of 4.51.99 , Brandon led off on Bk improving on his 100 individual bk by a second at 65.11 , handing over to Ollie leading the pack , Rushmoor Royals and Mid Sussex marlins were chasing hard , Ollie took over on the brst leg and increased the lead, next up was Josh swimming long course Fly for the first time smashing his short course fly

time by 3 seconds in the long pool, Sam was on the free anchor and brought the team home going faster than the 67.07 split the previous day at 66.46 The team improved on their entry time by over 10 seconds , a great effort from the boys

SESSION 9

The last session of youth Regionals 2018 and the KWSS girls were back again this time competing in the 4x100 free relay, the team was a mix of TSC, BSS and GNSC. Noemie (69.00) led off followed by Nell (68.85), then Lily (67.59) followed by Georgia (67.30), back for the second day, on the final leg.

The last event for Brandon was the boys 15 yrs 50 bk
Brandon finished up as the 3 Rd fastest Kent swimmer just off his pb.

Last swimmer was Genny in the MC 200 IM picking up a bronze medal.

Well done all KWSS swimmers this long weekend

Some really good swims with pbs from Brandon ,Matilda and Genny, some great relay splits from Georgia, Nell and Noemie, and very near pbs from Lois

All in all, a successful weekend for KWSS

Pete