

OPTIMAL ATHLETE DEVELOPMENT FRAMEWORK

INTRODUCTION

The objective of British Swimming's Performance Pathway is to develop athletes that have the skills, characteristics and behaviours to thrive in the highest competitive arenas, specifically at the World Championships and Olympic Games.

The Optimal Athlete Development Framework (OADF) sets out to describe the characteristics that we believe our swimmers will need to possess in order to be successful in 2024 and beyond.

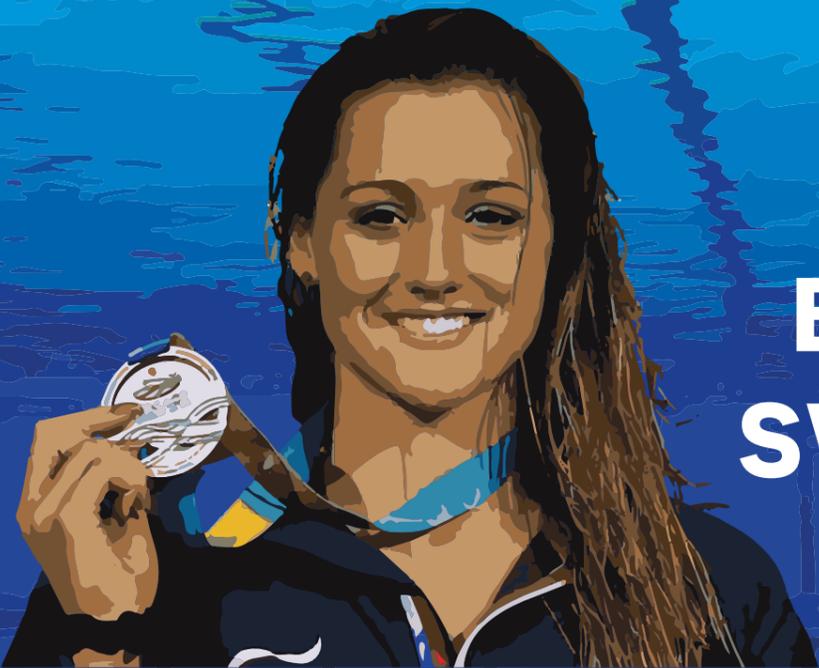
The framework defines the characteristics of both "The Great British Swimmer", as well as those that are showing "Future Performance Potential". It is not a rigid curriculum, nor indeed a tool for talent identification or selection.

These characteristics we have chosen have been determined following consultation with leading coaches, support staff and athletes, and further developed by British Swimming in conjunction with Swim England, Scottish Swimming and Swim Wales, supported by the Home Nation Sporting Institutes.

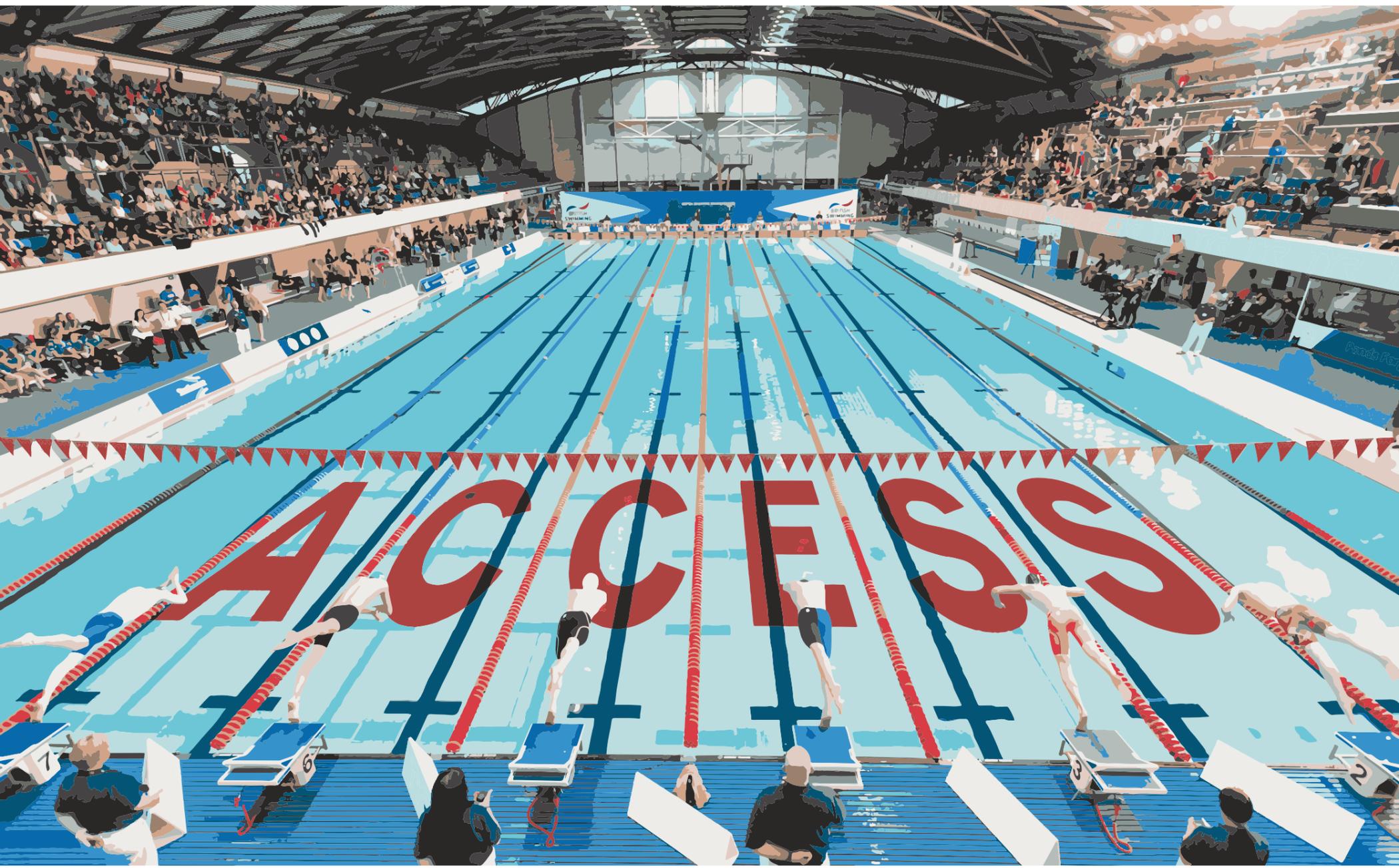
The 6 'A-C-C-E-S-S' pillars of the OADF describe the approach and underlying principles we will use to develop and then transition our 'Future Performance Potential' athletes on to becoming a 'Great British Swimmer'.

BRITISH SWIMMING'S HEAD OF ELITE DEVELOPMENT, TIM JONES:

"This is an incredibly important project that will help determine our collective future. We are adopting non-prescriptive approach, steering clear of telling coaches and practitioners how to do their jobs. We believe in promoting autonomy, and want to encourage individuality by urging the team around the athlete to exercise all of their knowledge and skill in developing the characteristics set out in this framework."



GREAT
BRITISH
SWIMMER



FUTURE PERFORMANCE POTENTIAL



FUTURE PERFORMANCE POTENTIAL

PERSON

ATHLETE

PERFORMER



Future Performance Potential defines the character attributes of our next generation. We are looking to work with our club swimming fraternity to identify, and then develop a new and guaranteed supply of athletes. These athletes will be capable of being successfully transitioned over the medium to long term, to perform at the highest levels of world swimming.

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DELIVERING OLYMPIC PODIUM SUCCESS

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DELIVERING OLYMPIC PODIUM SUCCESS

**WE WORK TOGETHER USING THE FOLLOWING 6 A-C-C-E-S-S PILLARS
AS OUR FUNDAMENTAL WAY OF GOING ABOUT OUR BUSINESS**



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THE GREAT BRITISH SWIMMER

PERSON

ATHLETE

PERFORMER



Building on the characteristics identified within 'Future Performance Potential', the Great British Swimmer defines the additional attributes of athletes who we believe are capable of consistently producing medal winning performances at World and Olympic level.

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