## QUALITIES COACHES **ATHLETES**



ATHLETES WHO **LEAD BY EXAMPLE** 



11



RESPECT FOR TEAMMATES, STAFF/OFFICIALS

**ATHLETES WHO** WANT TO IMPROVE



2

12



ATHLETES THAT LISTEN

ATHLETES WHO ARE RELIABLE



3

13

ATHLETES THAT SUPPORT THE TEAM

ATHLETES THAT SHOW INTEREST



4

14



**ATHLETES WHO ARE GOOD ROLE** MODELS

ATHLETES THAT DON'T GIVE UP



5



ATHLETES THAT REFLECT

ATHLETES WHO HAVE DESIRE



6

16



ATHLETES WHO **WORK HARD** 

**ATHLETES WHO SET** GOALS



ATHLETES THAT ARE COACHABLE

ATHLETES WHO ARE WILLING TO LEARN



18

**ATHLETES WHO** WORK EFFECTIVELY IN TEAMS

ATHLETES THAT ARE **PASSIONATE** 



ATHLETES THAT ARE DEDICATED

**ATHLETES THAT LEARN FROM MISTAKES** 



10



**ATHLETES WHO** ARE ORGANISED