# <u>KENT COUNTY CHAMPIONSHIPS SAT 20/1/18 COMBINED MEET REPORT FOR TONBRIDGE</u> & BEACHFIELD S/C

# **SESSION** 1

Day 1 at Counties began with the girls 400 im the decathlon of swimming and probably the hardest event in swimming , Kayla Moerman (BSS)was up in the first heat ,one of many swimmers from Tonbridge and Beachfield who had never competed the 4im in a long course pool ,Kayla swam to 9<sup>th</sup> place and a 6 second long course pb ,Erin Nisbet (TSC) also competing the 4im in the long pool swam an excellent race to finish 5<sup>th</sup> picking up 4 points and a 2 second pb.

Last to swim in the girls 4im and defending her title from 2017 was 12 yr old Caitlin Ebbage (TSC)swimming in the 13 yrs age group.

Caitlin swam an intelligent race taking Gold ,winning in style with a 6 second margin and a 6 second pb.

The boys 400 free saw Josh Prendergast opening his account (TSC)competing at counties for the first time, in the boys 12 yrs 400 free, Josh had a great start and swam a very even paced consistent race swimming to a humongous 14 second pb picking up 4<sup>th</sup> place.

## **SESSION 2**

Session two kicked off with Josh Prendergast (TSC)in the boys 12 yrs 4 im finishing in 8<sup>th</sup> place with a 6 second pb , Brandon Harris (BSS ) swam in the penultimate heat of the boys 15 yrs 400 im , Brandon another of our swimmers to be racing the 4im in a long course pool ,a vastly different experience to the short course version , took 4<sup>th</sup> place just missing out on the medals ,obviously with a long course pb ,a great learning experience.

The girls Heat declared winner 400 free was the last event of the day, Genny Hunter (BSS) played a blinder taking a huge 13 second pb and a silver medal.

12 year old Erin Nisbet swimming the 400 free for the first time in a long course pool (TSC) placed 11<sup>th</sup> with a Long course pb in the girls 13 yrs 400 free.

Last swim of the day saw Caitlin do her thing retaining her crown in the 13 yrs 400 free winning gold with a 5 second margin

Well done all .10 RACES 9 PERSONAL BESTS

# Pete Unofficial medal table after 2 session

GOLD	SILVER	BRONZE	
1.THANET	8	7	9
2.7 OAKS	5	4	2
3.BROMLEY	4	6	5
4.BECKENHAM	3	2	3
5.RTW	2	3	3
6.TONBRIDGE	2	0	0
6. BLSC	2	0	0
7.BEXLEY	1	0	1
8.MAIDSTONE	0	2	3
9.GRAVESEND	0	2	0

## **SUNDAY 21/1/18**

# **SESSION 3**

Day two started well with Tonbridge and Beachfields only entrant in the boys 1500 meters, 12 yr old Josh Prendergast (TSC) blasting to a 20 second pb with a regional base time finishing 7<sup>th</sup> in the 12 yrs age group.

## **SESSION 4**

Kayla (BSS) and Caitlin (TSC) turned up for session 4 the girls 800 free Kayla went off first in the heat 1 knocking 4 seconds off her pb swimming the 800 in a long course pool for the first time

Caitlin (TSC)went in heat 4 looking very tall in the water getting in to a great race with the 15 year old Bromley girl both pushing each other on and coming second in her heat just getting out touched but winning gold for the second year in succession in her 13 yrs age group by 14 seconds and posting a 6 second pb taking her to No 2 in the region.

#### **3 RACES 3 PERSONAL BESTS**

Unofficial medal table after 4 sessions

GOLD	SILVER	BRONZE
13	9	11
6	8	7
6	5	5
4	5	4
3	6	5
3	0	0
3	0	0
1	0	1
0	4	3
0	2	0
	13 6 6 4 3 3 3	13 9 6 8 6 5 4 5 3 6 3 0 3 0 1 0

# KENT COUNTY CHAMPIONSHIPS SAT 27/1/18 COMBINED MEET REPORT FOR TONBRIDGE & BEACHFIELD S/C

#### **SESSION 5**

A larger contingent of Tonbridge and Beachfield swimmers arrived at Crystal palace for weekend 2 of counties 2018, Harri –James Isaacs(TSC) was first to go in the boys 10/11 yrs 100 fly swimming his first 100 fly in a long course pool, Harri performed some great underwater kicks and fought to the end with a L/C Pb.

Josh Prendergast (TSC)was keen to maintain his 100 % pb record at 2018 counties and he succeeded with a 3 second pb,

William Fitzpatrick(BSS) swimming in a long course 100 fly for the first time performed bravely -tough race William well done.

Last to swim in the boys 15 yrs 100 fly was Brandon Harris(BSS) taking the first 50 out fast and digging in for the second 50 to secure a 7<sup>th</sup> place in the final, and a 3 second pb, more later

The girls 200 BK saw 3 swimmers from Tonbridge and Beachfield going for glory , Long course debutant Erin Nisbet (TSC)agonising close to picking up points finished in  $9^{th}$  place but with a 1 second pb, good swim Erin. Lois Duchesne in heat 10 swam to a tidy 1.1 second pb finishing in  $5^{th}$  place in the 15 yrs age group, collecting 4 points for the club.

Next up we had the boys 15 yrs 100 fly final with Brandon Harris (BSS) storming the first 50 out faster than his heat and then bringing home a stronger back end 2<sup>nd</sup> 50 to finish in 6<sup>th</sup> place 3 points and knocking off another second to lower his pb to 1.05 85 great guts. We had to wait until the boys Fly finals were completed before Caitlin (TSC) made her appearance in the last and fastest heat girls 200 BK, Caitlin swam a solid race to win her 13 yrs age group by 15 seconds and posting a new long course pb of 2.25.00, this time also placed her 2<sup>nd</sup> in the Junior event and 4<sup>th</sup> in the open, and maintained her GB ranking of No1 - well done Caitlin.

## **SESSION 6**

Genny Hunter (BSS)swam a fast 100 bk race knocking two seconds off her pb only to be dq for coming off her back at the turn, unlucky Genny.

Cicily Thomas –Green swam to a converted 4 second pb in the 12yrs age group but a 26 second long course pb since her last 100 long course swim ,swiftly followed in the next heat by Kayla Moerman(BSS) in the same age group shaving 7 seconds of her previous long course pb.

Maddy Holland (TSC)debuted in the long course 13 yrs age 100 bk powering her way to the final in 5<sup>th</sup> place and a 1 second converted pb .Lily Durnford (BSS)also swimming the 100 Bk in the long pool for the first time swam a strong race to take a pb, nice swim Lily , Erin Nisbet swam to a two seconds long course pb in the 13 yrs 100 bk.

Lois (BSS) was the penultimate swimmer winning her heat and progressing to the girls 15 yrs final in first place and a new 1 and a half second pb

Last to Swim was Catlin Ebbage conserving energy to reach the final of the girls 13 yrs age 100 bk in first place

The Backstroke Finals saw Lois (BSS) improve on her heat pb time and another pb finishing a hard fought race in 4<sup>th</sup> place and 5 points good job Lois.

The last two swimmers from Tonbridge and Beachfields teams were Maddy Holland (TSC )and Caitlin Ebbage(TSC) Maddy doing unbelievably well to reach the final in her first attempt at Counties and Caitlin defending her 2017 title, a good race from both girls saw Maddy finish in 7<sup>th</sup> place and Caitlin taking home her 5<sup>th</sup> Gold of the championships , Tonbridge move one place up the medal table .

13 pbs from 15 races in the heats 4 finals with two further personal bests Total 13 pbs from 17 races

	GOLD	SILVER	BRONZE
1.THANET	22	16	17
2.BROMLEY	13	11	13
3 SEVEN OAKS	8	16	11
4.BECKENHAM	8	6	4
5.TONBRIDGE	5	0	0
6.RTW	4	8	6
7. BLSC	4	0	0
8.BEXLEY	2	1	3
9.GRAVESEND	1	3	0
10.MAIDSTONE	0	6	5
11.SAXON CROWN	0	1	1
12.OJAYS	0	0	2
13 .GRSC	0	0	2

# SESSION 7 SUNDAY 28/1/18

DAY 4 AT 2018 counties began with the boys 100 brst and Tonbridge and Beachfield's Max Beavington competing in the 10/11 age group. Max swimming the event for the first time in a 50 m pool swam well finishing in 9<sup>th</sup> place and a long course pb, Josh Prendergast (TSC)continued his 100 % pb run taking a giant 6 seconds off his pb in the 12 yrs age group entering the final in 5<sup>th</sup> place , Toby Henbest (TSC)was next to swim in the 14 yrs age group taking the first 50 Meters out super fast and knocking 5 seconds off his long course pb Heat 14 saw Charlie Curtis(TSC) yet another of our swimmers swimming long course comp for the first time made a long course pb time.

Ollie Isaacs (TSC)produced a very fast 100 brst in the 14 yrs age group making the final in 4<sup>th</sup> place with a 1 second pb Ed Dickinson (BSS) creamed 5 seconds off his long course pb to finish 11<sup>th</sup> in the 17 yrs /over age group.

Last to swim was 15 yr old Brandon Harris(BSS) Taking 3 seconds off from his last outing in a long course pool at summer regionals to land a  $3^{\rm rd}$  place berth in the final Tonbridge and Beachfield had 3 swimmers competing in the girls 200 free Erin Nisbet (TSC) swimming the 200 free took 2 seconds off her long course pb finishing in  $11^{\rm th}$  place Caitlin Ebbage(TSC) and Tilda Durrant (BSS)swam in the same heat in lanes 1 and 8 both girls swimming well finishing in  $1^{\rm st}$  and  $21^{\rm st}$  places in their respective age groups ,Tilda beating her last outing in the L/C pool by 3 seconds ,Caitlin defending her title from 2017 taking gold again just off pb by point 48 of a second .

The boys brst finals followed the girls 200 free and Brandon Was first to go in the boys 15 yrs storming to another second pb off his heat time to win bronze , the first medal at Counties for Beachfield in several years back in the Mitchell days I believe. The boys 14 yrs was the next final , Ollie Isaacs went sub 1.16 for the first time knocking another 4 tenths off his previous pb in the heats a total of 1 .48 off his last ranking time Last final was the boys 12 yrs Josh Prendergast (TSC) swimming tough to 7<sup>th</sup> place At The end of session 7 TSC and BSS had accumulated 11 PBS from 13 races including 3 finals a gold medal from Caitlin 8 points a bronze medal for Brandon 6 points, a fifth place from Ollie Isaacs 4 points , and Josh Prendergast 2 points

#### **SESSION 8**

Genny Hunter (BSS) took a gold in the girls S8 cat and a 1.3 second pb, Daisy Richards (BSS) finished in 13<sup>th</sup> place with a long course pb, Erin Nisbet (TSC)had a super race the girls 13 yrs heat 9 winning her heat of 13 yr olds by 2 meters taking a massive 4 seconds off her long course pb going in to the final in second place behind Caitlin Ebbage (TSC) who also lowered her pb by 1. 5 seconds, Tilda Durrant (BSS) produced a solid swim just a tenth off her last 100 long course pb.

Max Beavington (BSS) swam really well for the first time 200 long course to pick up a 7<sup>th</sup> place medal and 2 points in the boys 10/11 100 brst. Josh Prendergast (TSC) rapidly assuming demi god like status took an otherworldly 11 seconds off his long pb to finish in 6<sup>th</sup> place in the 12 yrs age group.

The girls 100 finals soon came around and Caitlin (TSC) and Erin (TSC) were the fastest two qualifiers in lanes 3 and 4, the TSC girls dominated the race from the first stroke, both turned together at the 50 As Caitlin just got the edge off the turn Erin continued to fight to

the last stroke Caitlin winning Gold and Erin taking silver, both girls improved their pbs from the heats Caitlin knocking off a total of 2.5 seconds Erin taking a huge 5 seconds off.

The last and fastest 3 heats of the boys 200 brst saw Brandon (BSS) and Ollie (TSC) going in the penultimate heat in lanes 7 and 8 , a tremendous race ensued with Brandon leading the pack with Ollie staying in contact until the last 15 meters where Oliie made his charge just out touching Brandon on the last stroke, a really exciting race ,Brandon took a whopping 6 seconds off his L/C pb and collecting Beachfield's second bronze medal in the 15 yrs age group. Ollie taking off 3 .3 seconds off his L/C pb collecting a bronze medal finish in  $3^{\rm rd}$  place in the 14 yrs age group, well done boys, great race to watch .

At the end of the two sessions the combined teams of Tonbridge and Beachfields total were two Golds, one Silver, three Bronze, two  $5^{th}$  place medals, one  $6^{th}$  place medal and two  $7^{th}$  place medals.

5 finals

24 races with 21 Pbs

Well done all

Pete

	GOLD	SILVER	BRONZE
1.THANET	24	23	22
2.BROMLEY	23	21	19
3 SEVENOAKS	14	23	16
4.BECKENHAM	12	12	8
5.RTW	7	10	8
6.TONBRIDGE	7	1	1
7.BLSC	4	0	1
8.BEXLEY	2	1	5
9.GRAVESEND	1	3	0
10.DARTFORD	1	1	0
11.MAIDSTONE	0	9	6
12.SAXON CROWN	0	1	1
13.BEACHFIELD	0	0	2
13.OJAYS	0	0	2
13.GRSC	0	0	2

#### **SESSION 9 SATURDAY 3 FEBUARY**

Weekend 3 arrived, rise and grind swimmers, it's always a bit of a slog by this time - the first week's shiny gloss has worn off, weekend 2 it's consolidation as the swimmers work their way in to the 4 week meet. Then weekend 3 arrives like an uninvited relative on a bank holiday the coaches are trying to generate some enthusiasm" and you get that look of "sure, whatever coach, I just don't want to crumple like a bag of crisps when I get up on the block for the 200 fly "

Anyway enough of the positive self-talk.

Heat one saw Genny Hunter (BSS) stayed cool and won a gold in the MC girls 100 fly. 3 heats later Daisy Richards qualified for the final of the 10/11 girls 100 fly in 5<sup>th</sup> place with a 3 second pb, Kayla Moerman (BSS) in heat 6 secured an 8 second pb and 12 th place in the girls 12 yrs 100 fly. Caitlin Ebbage made her way to her 8th straight final in the girls 13 yrs 100 fly in 5<sup>th</sup> place, last to swim in the heats was Erin Nisbet(TSC) progressed to the final of the girls 13 yrs in top position as the fastest qualifier.

Charlie Brice made his counties' debut in the boys 10/11 yrs 200 BK with a solid 10<sup>th</sup> place and a long course pb, beating his short conversion time.

## **FINALS**

Erin Nisbet (TSC)and Caitlin Ebbage(TSC) were the first of 3 finalists from session 9 in the The girls 100 fly finals. An explosive start from Caitlin saw her lead the field for the first 25 after which Erin took over the lead Erin was laying in 2nd place at the turn Caitlin in 4<sup>th</sup> at the 50 turn Erin and Caitlin turned up the heat on the other girls with Erin taking the lead and Caitlin moving up the field to 3<sup>rd</sup>. Erin was leading to the very last stroke when she just got out touched winning silver with a 4 second pb and Caitlin winning Bronze with a 2 second pb an improvement on last year where Erin won bronze and Caitlin came 7<sup>th</sup> The final of the girls 10/11 yrs fly we had Daisy Richards move up from 5<sup>th</sup> in the heats to 4<sup>th</sup> in the final taking home a well-deserved finalist medal and a 5 second long pb.

## **SESSION 10**

After a short 20 min break Glen led the mobility and we were back with the warm up, the traffic was bad getting in to the centre so Daisy (BSS) and William(BSS) shifted their warm up back with the Tonbridge crew. Charlie Brice was back in action in the boys 100 BK swimming it long course for the first time but besting his short course conversion time, with a 3 second pb - well done Charlie a great start to your county experience. Josh Prendergast (TSC) was resurrected on the 5th day after rising from his sick bed suffering from a virus to swim the boys 100 bk and amazingly in typically South African style the young fella still managed to secure a pb, great guts Josh. William (Fitzy) Fitzpatrick stayed strong to bring home a long course pb in the 13 yrs age group commenting , "it felt better than last week "Ollie Isaacs (TSC)was keen to swim one of his favourite events ,the boys 14 yrs 100 bk , picking up a 7 second long course pb and beating his short conversion time too , he told me after with a beaming smile "I can't wait to do that again, so much fun" pause here for coaches' humour and a small slice of artistic licence .

Brandon Harris (BSS) swam in the last fast heat and maintained his record of making every final in each of the events he has swam in counties 2018 in second place.

The last event of the session and day 5 was the heat declared winner girls 200 Fly, and with the smell of biltong in the air another South African export Kayla Moerman(BSS) knocking 23 seconds off her long course pb to finish 10<sup>th</sup>. Twelve year old Caitlin Ebbage was really looking forward to the 13 yrs 200 fly, she could barely contain her excitement at the prospect of 4 lengths of pure pleasure - well that's what I would like to think, this humour thing is catching on, I might even try it out again sometime, Caitlin manned up and gathered a couple of point for the club.

Erin (TSC) was up against Elspeth a rival and friend from Sevenoaks who just touched Erin out in the 100 fly, Erin paced her race perfectly turning at the 150 just in the lead only for Elspeth to get her hand on the wall just in front of Erin at the finish Erin, took home a second silver of the day and a superb 5 second pb ,treating herself to an auto regional time and placing her 3<sup>rd</sup> in the SE region and 24<sup>th</sup> in GB rankings, and one place higher than last year 2017 counties. Erin was rumoured to say after "well that was easy they should introduce a 400 fly next time " I think the chlorine was getting to me by this time

Last on the bill was Brandon (BSS) Brandon took the first 50 out faster than the heat after some great underwater work, breaking out at 13 meters and leading the field for the first 30 metres, the race took shape. Brandon increased his stroke rate on the second 50 and put in a tremendous effort to win another medal this time in 5<sup>th</sup> place . Well done all

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	GOLD	SILVER	BRONZE
1.THANET	34	32	27
2.BROMLEY	28	30	22
3 SEVENOAKS	21	23	18
4.BECKENHAM	13	12	10
5.RTW	10	12	11
6.TONBRIDGE	7	3	2
7. BLSC	4	2	3
8.BEXLEY	2	1	6
9.ERITH	2	0	0
10.GRAVESEND	1	4	0
11.DARTFORD	1	1	0
12.CANTERBURY	1	1	0
13.MAIDSTONE	0	10	9
14.SAXON CROWN	0	3	2
15.ASHFORD SCH	0	1	0
16.BEACHFIELD	0	0	2
16.OJAYS	0	0	2
16.GRSC	0	0	2
17.EDENBRIDGE	0	0	1
17.SHEPWAY	0	0	1

#### **SUNDAY 4/2/18**

#### **SESSION 11**

The last day at CPNSC dawned before we decamp and descend on London Aquatics next weekend for the glamour boys and girls to do their fast twitch thing in the 50s, anyway back to the present, my chlorinated audience,

Genny Hunter (BSS) took home a silver in the MC 100 brst, Daisy Richards placed 13<sup>th</sup> in her first outing in the 10/11 yrs girls 100 brst(LC PB), Kayla Moerman (BSS) in the 12 yrs girls also swimming the 100 in a long course pool put in a solid swim(LC PB).

Holly Geake (TSC) swam to a 3 second pb in the girls 13 yrs 100 brst , Caitlin Ebbage (TSC) and Ellis Kottas (TSC) were paired together in adjacent lanes in heat 12, Ellis performing very well picking up a 3 second pb and a 12 th place in the 15 yrs age group Caitlin reaching her  $9^{th}$  final from 9 races in  $6^{th}$  place with a 8 second pb, the very next heat saw Debut girl Noemie Thomson (TSC) take to the water in the 15 yrs age group landing a  $6^{th}$  place berth in the final at her first attempt, great stuff Noemie .

Last to swim from Tonbridge and Beachfield swimmers was Erin Nisbet reaching her 4<sup>th</sup> final in second place and a nice 1 second pb.

Tonbridge and Beachfield had their only entrant Charlie Brice racing for glory in the The boys 10 11 yrs 200 free after Josh Prendergast had to withdraw through illness, get well soon Josh, Charlie pulled out a ludicrous 17 second pb to finish in 9 th place just outside the points.

The girls 100 Brst finals ensued with Noemie Thomson (TSC) finishing in  $7^{th}$  place and donating two points to the cause, the girls 13 yrs final was next with two TSC swimmers Erin and Caitlin continued their exploits with Caitlin managing to pb again and take off another second winning a bronze , Erin going one better also faster in the final than her heat , snaffling a silver medal bettering her  $5^{th}$  place form 2017 counties.

#### Session 12

And so to the last session at CPNSC, Charlie Brice (TSC)continued his pb run to shave off 3 seconds off his converted short pb, Max Beavington (BSS) In the same heat swam a solid 1<sup>st</sup> race in the long pool picking up a long course pb, heat 3 saw Newbie Ruben Cowley-Antello racing long course free for the first time bring down his pb by 2 seconds.

We had to wait a while before Ollie Isaacs swam in heat 13 unlucky for some, not Ollie though finishing in 8<sup>th</sup> place to make the final of a freestyle event a reality with a 4 second pb, Brandon(BSS) stormed to a sub 60 second 100 free in the long pool at the first attempt. Last swimmer in was Ollie Durrant (BSS)blitzing the first 50 and finishing just a couple of tenths outside of his pb but a swim to be proud of.

Tonbridge and Beachfield had 6 swimmers competing in the girls 200 brst. All six girls bested their previous LC times

Daisy Richards (BSS) 9 Second PB ( $9^{th}$ ), Holly Geake TSC) 11 second pb( $13^{th}$ ), Erin Nisbet(TSC) 2 second pb ( $9^{th}$ ), Ellis Kottas(TSC)2 second pb ( $12^{th}$ ), Noemie Thomson(TSC) first outing in a long course pool in the 200 brst and Caitlin Ebbage(TSC) 8 second pb ( $2^{nd}$  place silver medal.

The long day was finally coming to a close, with Ollie Isaacs going in the final of the boys 14 yrs 100 free , Ollie saddled up and backed up with an almost identical performance to his heat taking a point for the club in  $8^{th}$  place

Good job everyone, see you next week at The Queen Elizabeth Olympic Pk 24 RACES 20 PBs

- 3 FINALS 3 PBs
- 4 HEAT DECLARED WINNER FINAL 4 PBs

# Unofficial medal table after 12 sessions and 3 weekends 2018

	GOLD	SILVER	BRONZE
1.THANET	38	40	33
2.BROMLEY	32	37	28
3 SEVEN OAKS	30	27	22
4.RTW	16	13	13
5.BECKENHAM	13	15	13
6.TONBRIDGE	7	5	3
7.BLSC	5	1	5
8.BEXLEY	4	1	8
9.ERITH	2	0	0
10.MAIDSTONE	1	10	9
11.GRAVESEND	1	6	0
12.DARTFORD	1	1	1
13.CANTERBURY	1	1	0
14.WHITE OAK	1	0	0
15.SAXON CROWN	0	3	2
16.GRSC	0	1	2
17.ASHFORD SCH	0	1	0
18. BEACHFIELD	0	0	2
18.OJAYS	0	0	2
19.EDENBRIDGE	0	0	1
19.SHEPWAY	0	0	1

# SEE BELOW FOR COMPARISON SAME WEEKEND 2017

# Unofficial Age group medal table after 12 events 2017

	Gold	Silver	Bronze
1.Thanet	46	29	21
2.7 Oaks	25	31	16
3.Bromley	18	22	17
4.Beckenham	13	8	14
5.RTW	8	9	3

6.Tonbridge	8	1	5
7.Erith	6	2	0
8.GRSC	1	8	10
9.Bexley	3	1	3
10.BLSC	1	4	8
11.Maidstone	1	4	4
12.Saxon Crown	1	0	0
12.Edenbridge	1	1	0
13.Dartford	0	3	1
14.Ojays	0	1	3
15.Gravesend	0	0	1
16.White oak	0	0	1

# SATURDAY 10/02/18 <u>SESSION 13</u>

Josh Prendergast(TSC) returned from illness to take 5<sup>th</sup> place in the boys 12 yrs 200 im, and a 8 second pb, Ollie Isaacs(TSC) cut through the field like a hot knife to win bronze in the boys 14 yrs age group and a 4 seconds pb. Last of Tonbridge and Beachfields swimmers was Brandon Harris(BSS) collecting a silver in the boys 15 yrs age group and a 6 second pb. Tonbridge and Beachfield had 6 swimmers racing in the girls backstroke kicking off with Cicily Thomas -Green (TSC)who swam very well to a 1 second pb in the girls 50 bk, Daisy Richards (BSS) was next with a second pb in the girls 10/11 yrs age group, followed by Jodie Mitchell (BSS) - 2 second PB. Sarah Brown (TSC) half a second pb, Lois Duchesne (BSS) making the final in girls 15 yrs in 4th place and a pb, Caitlin Ebbage(TSC) resumed her winning streak cruising in to the 13 yrs age group final and making the open final and a half a second pb. The boys 50 fly was swam before the backstroke finals. Beachfields Max Beavington winning his heat and progressing to a 2 second pb in the 10/11 yrs age group, Ruben Cowley -Antello (TSC) followed in to the final of the 10/11 yrs in 7<sup>th</sup> place and a 2 second pb. Ollie Issacs took a 2 second pb in the 13 yrs age. Dan Brice made his first appearance at 2018 Counties immediately making the final of the 13 yrs age group 50 fly in 6<sup>th</sup> place and a 2 second pb, Brandon (BSS) kept up the good work with a 2 second pb in the 15 yrs age.

The girls Backstroke finals took place Caitlin (TSC)was first up in the 13 yrs Final, knocking off another tenth of a second from the heat pb easily winning by 3 seconds and 5 meter. Lois (BSS) took another 4 tenths off her heat pb picking up a 4<sup>th</sup> place medal. The butterfly finals began with Dan(TSC) taking another 2 tenths off his heat pb to medal in 6<sup>th</sup> place, in the 13 yrs age final, Ruben was next in the 10/11 yrs final winning a point for the club and finishing well in 8<sup>th</sup> place (TSC) after the boys fly finals the Ladies open backstroke took place ,12 year old Caitlin (TSC) was last to swim in the open final finishing in 4<sup>th</sup> place a big achievement for a 12 year old to reach an open final taking her to 2<sup>nd</sup> place in British Rankings and first in the Region, well done.

#### SESSION 14

Last session of the day started with the boys 50 brst Tonbridge and Beachfield had a large contingent competing across the age groups , Max Beavington(BSS)\_ took a two second pb

and progressed to the final in 6<sup>th</sup> place, Josh Prendergast followed with a 5th place entry to the 12 yrs final and a 2 second pb, Sam Dickinson(BSS) shaved a half second off his pb, Toby Henbest (TSC) shook out a large scale 5 second pb in the 14 yrs age group. Dan Brice (TSC) joined in with his own 1 second pb. Charlie Curtis (TSC) continued the trend with a pb in the 16 yrs age group. Ollie Issacs entered the final in 5<sup>th</sup> place and a half second pb, Ed Dickinson blasted away to shave 2 seconds off his pb in the 16 yrs age. Last, but not least, Brandon(BSS) stormed to the final of the 15 yrs age in the premier position.

The girls 50 free heats came nest starting with Genny Hunter taking gold in the S8 category, Kara Mitchell experiencing the Aquatics centre for the first time took a second pb, in the girls 10/11 yrs age, Daisy Richards (BSS) picked off a second pb in the 10/11 yrs age group. Lois (BSS) carried on with her pb run in the girls 15 yrs 50 free age group. A magnificent swim from Matilda Durrant (BSS) in her 50m Free 29.09 LC – a fantastic strong regional consideration time and 0.2 sec PB and so close to making the finals! Well done Tilda.

Sarah Brown (TSC) was just off her pb ,in the girls 17 yrs& over. Jodie (BSS) took a second off her pb in the 17 yrs age group, Caitlin(TSC) strolled in to the final in second place in the 13 yrs age group, last to swim in the free heats was Leigha Mirtchell (BSS) making the open final in 7<sup>th</sup> place.

The boys brst finals began with Brandon(BSS) taking Beachfield's first well deserved Gold medal of the 2018 county Championships in the 15 yrs 50 brst and another tidy pb to boot taking him to 3<sup>rd</sup> in the region and 11<sup>th</sup> in GB rankings , good job !!! Ollie Issacs came 5<sup>th</sup> in the boys 13 yrs 50 brst after a couple of weeks illness and a gruelling 200 im - a gutsy performance well done Ollie. Josh Prendergast picked up another 6<sup>th</sup> place medal, pb and 3 points for the club, in the 12 yrs age. Last to swim in the finals was 10/11 year Max Beavington also coming 6<sup>th</sup> and yet another 2 second improvement from his 2 second heat pb.

We came to the finals of the girls 50 free the last event of the day, with Caitlin(TSC) easing to her  $9^{th}$  Gold medal of the 2018 championships shaving another half a second off her heat pb , Leigha(BSS) improved her time and place with a  $6^{th}$  place medal and 3 points for the club.

A thoroughly impressive performance from all Tonbridge and Beachfield swimmers on the penultimate day of the championships with an outstanding 32 personal bests from 33 swims, , 10 personal bests from 11 finals with TSC picking up 2 golds and a bronze and Beachfield 1 gold and 1 bronze and seven finalist medals ,

#### Unofficial medal table after 14 sessions 2018

	GOLD	SILVER	BRONZE
1.THANET	45	51	36
2.BROMLEY	41	43	35
3 SEVEN OAKS	38	33	29
4.RTW	19	13	14

5.BECKENHAM	14	17	15
6.TONBRIDGE	9	5	4
7.BEXLEY	5	2	9
8. BLSC	5	2	6
9.ERITH	2	0	0
10.MAIDSTONE	1	11	11
11.GRAVESEND	1	7	1
12. BEACHFIELD	1	1	2
13.DARTFORD	1	1	1
14.CANTERBURY	1	1	0
15.SAXON CROWN	0	3	3
16 .GRSC	0	1	4
17.ASHFORD SCH	0	1	0
18.OJAYS	0	0	3
19.EDENBRIDGE	0	0	1
19.SHEPWAY	0	0	1

## SUNDAY 11/2/17 @ LONDON AQUATICS QUEEN ELIZABETH PK

#### Session 15

And so the last day of counties 2018 was upon us, the sun was shining off the aquatic structure and there were no sign of the 50,000 West Ham crowd from the night before. The warm up completed and we were off with Genny Hunter in heat one of the girls 200 im Genny added to her tally of Golds with another one. Daisy Richards just missed out on the top 8 of the 10/11 yrs in 9th place but took a 5 second pb. Kayla Moerman followed suit with a 13 second pb in the 12 yrs age., Lois finished in 10 th place in the girls 15 yrs age Caitlin continued on her gold rush by taking the girls 13 yrs 200 im title for the second year in succession by a 5 second margin.

Charlie Brice shaved 1 and a half seconds off his 50 bk in the 10/11 yrs age group, Max Beavington took 7 seconds of his 50 bk in the boys 10/11 yrs. Josh Prendergast made another final in the 12 yrs age 50 bk in 5<sup>th</sup> place knocking two seconds off his pb. Ollie Isaacs took 5 seconds off his 50 bk in the 14 yrs age group. Brandon returning from the day before, had clearly developed a taste for success marching in to the 15 yrs age final in second place. Dan Brice joined Brandon and nipped in to the 14 yrs final of the bk in second place. The girls 50 fly saw Tonbridge and Beachfields swimmer Kara Mitchell(BSS) take a pb in the aquatics centre for the first time in the 10/11 yrs age, Faith Harris debuted in the aquatic centre with a pb in the same age group. Kayla Moerman (BSS) took a second off her pb in the 12 yrs age range. Daisy Richards (BSS) made the final of the 10/11 yrs age group 50 fly in 6<sup>th</sup> place, Lois Duchesne was just off her pb in the 15 yrs age. Tilda Durrant (BSS) was pleased with her 1 second pb in the girls 16 yrs 50 fly. Sarah Brown(TSC) was just outside her pb in the 17 yrs age. Jodie Mitchell (BSS )also just outside of her pb in the same age group. Caitlin (TSC) made her 15<sup>th</sup> final in the girls 13 yrs age group in pole position and a 3 second pb. And then we came to the Finals of the morning session with Brandon(BSS) flying down the Olympic pool to take Beachfields second Gold in two days and 20 years. Nice one Brandon. Dan Brice bettered his heat pb with a final pb winning a bronze medal for

Tonbridge - you still have it mate. Josh Prendergast took a 6<sup>th</sup> place medal for Tonbridge in the 12 yrs age group.

The girls 50 fly finals followed with Caitlin bagging her 11 th Gold medal of the championships along with her silver in the 200 brst and two bronze from the 100 fly and 100 brst, bettering her tally of 10 golds from 2017 - well done Caitlin. Daisy Richards (BSS)was determined to take home some hardware and duly won a bronze in the 10/11 yrs age to wrap up session 15.

## **SESSION 16**

Kara Mitchell swam the girls 10/11 yrs 50 brst, (has a Mitchell girl ever swam Breastroke before, hmmm I think we need to check the history records for that ) taking a long course pb. Kayla Moerman (BSS) took a huge 6 second pb in the 12 yrs age group, Holly Geake (TSC) swam a nice race in the 13 yrs age to finish in 14<sup>th</sup> place and a 1 and a half second pb. Mia Devey(TSC) was in the same heat taking a 3 second pb. Daisy Richards made the final of the girls 10/11 yrs 50 brst in 6<sup>th</sup> position. Polly Thomas (BSS) was just outside her pb in the 17 yrs age group. The last two swimmers from Tonbridge and Beachfield was Tonbridge girls 14 yrs Ellis Kottas and 13 yrs Caitlin Ebbage both in the same heat , both making the final of their respective age groups. It's worth noting this gave Caitlin a full house of finals 16 races and 16 finals and Ellis making a county final for the first time well done girls.

The boys 50 free was the last event and Charlie Brice (TSC)kept up his record of pb in every race taking a 1 second pb in the 10/11 yrs age group. Ruben Cowley-Antelo also took a pb in the same age group beating his short course pb in the long pool. Josh Prendergast just missed out on the final of the boys 12 yrs 50 free in 9<sup>th</sup> place but another 1 second pb. Dan Brice took a half second off his pb to alos just miss the final in 9<sup>th</sup>. Ollie Issacs (TSC) did make the final in 5<sup>th</sup> place, with his first sub 28 time 27.92, Brandon (BSS) took 4 seconds off his long pb. Ollie Durrant had a very long wait from the warm up to the last heat of the boys 50 free just a smidgen over pb

The breastroke finals saw Ellis Kottas take a point in the 14 yrs age group. Caitlin Ebbage take 3 points in the 13 yrs age group and Daisy Richards take 5 points in the 10/11 yrs age group.

Tonbridge and Beachfield had Ollie Isaacs representing in the 14 yrs 50 free final - he took a 4t place medal and dropped his pb again in the final to 27.73

That wrapped up 2018 counties a very successful campaign for both clubs, I'm not aware of the clubs long term history but would guess that 2018 could be up there near the top

Well done all Tonbridge and Beachfield swimmers who took part and those who just missed the cut this year. We move on now to focus on Regionals and the British competition window

Weekend four 38 swims with 26 pb, 9 Finals, 5 podium medals Tonbridge 2 golds 1 bronze Beachfield 1 gold 1 bronze

Pete

Unofficial medal table after 16 sessions 2018

	GOLD	SILVER	BRONZE
1.THANET	51	57	44
2.BROMLEY	51	49	36
3 SEVEN OAKS	49	41	39
4.RTW	22	15	16
5.BECKENHAM	15	21	20
6.TONBRIDGE	11	5	5
7.BEXLEY	6	3	9
8. BLSC	5	3	6
9.ERITH	3	0	0
10.BEACHFIELD	2	1	3
11.MAIDSTONE	1	13	12
12.GRAVESEND	1	8	1
13.CANTERBURY	1	2	0
14.DARTFORD	1	1	1
15.SAXON CROWN	0	3	3
16.ASHFORD SCH	0	2	0
17.GRSC	0	1	6
18.OJAYS	0	1	3
19.EDENBRIDGE	0	1	1
19.SHEPWAY	0	0	2
20.WHITE OAK	1	0	0
21.LARKFIELD	0	0	1