Combined Meet report of TSC and BSS Kent County Championships 2019 held at Crystal Palace 2/2/19

DAY 5 Session 11

of The Kent County championships ,Ross took the combined TSC and BSS warm up after this head coach was asked to marshal the warm up which of course I agreed to ,the spotifly play list was complemented by several coaches who said it was about time some more up to date music was played, and the warm up was of course well run.

Beachfields 11 yrs old Max Beavington kicked us off with a nice pb in the boys 12 yrs 100 fly.

11 yr old Ruben of TSC returned after a week of illness and a 40% temperature in the same age group Ruben tried his best but was unable to finish the race but well done Ruben for giving it a go when clearly not too well.

12 yr old Josh Prendergast never having raced a 100 fly in a long course pool went in to the event ranked 12 short course in the 13 yrs age group continued his run of making the final in 8^{th} place. TSC swimmer Evan Norris had to unfortunately pull out of the event after contracting a high temperature Beachfield's Josh Baar in the 15 yrs carrying a growth related knee injury and also never having swam a 100 fly long course beat his short course conversion time.

Lastly Ollie Isaacs 15 yrs age group representing TSC also swimming long course fly for the first time was just two tenths off his short course conversion time.

There were 4 girls from Tonbridge and Beachfield swimming in the HDW 200 free.

Holly Geake from TSC in the 14 yrs age group was competing in the long course version for the first time finishing in 15^{th} place.

Erin Nisbet has had a great championships so far beating her pbs on a regular basis, the 14 yrs 200 free was to be no exception with a 9 second lc pb and beating her sc conversion time collecting two points for TSC in 7^{th} place Beachfields Callie was next in the 17 yrs and over only 4 one hundredths of a second over her entry time.

Last up was Caitlin in the 14 yrs age group with a two second lc pb winning a bronze meda.

FINALS

Josh Prendergast swam to 8th place in the final taking a valuable point for TSC.

Session 12

Genny Hunter picked up another silver in the MC 100 free.

BSS swimmer Lily Durnford swam the 100 free for the first time in a long course pool was just outside her sc conversion time.

Tonbridge girls Maddy Holland and Erin Nisbet were in the same heat of the 24 yrs 100 free placing 19th and 16th respectively.

Jodie Mitchell was carrying a slight shoulder injury still managed to acquire a 1. 6 second long course pb.

Caitlin and Callie were in the same heat next to each other Both girls made the final in 2^{nd} and 3^{rd} places respectively.

Lastly Josh Prendergast competed in the boys 13 yrs HDW 200 fly picking up a valuable 2 points in 7th place.

FINALS

The girls 100 free saw Caitlin leading the way up to the 50 where the Bromley girl took over Caitlin finishing with a silver medal going slightly faster in the final than the heat

Callie also improved on her heat time dipping under the 60 barrier and close to her all time 100 free pb picking up a 4^{th} place and 5 points

CLUB POINTS AFTER 12 SESSIONS

TONBRIDGE 9TH PLACE ON 145 POINTS Not sure this is correct on the website as TSC had 136 points after 10 sessions TSC got 16 points today from Josh and Caitlin so should be 152 points

BEACHFIELD 12TH PLACE ON 56 POINTS not sure this is correct on the website as Callie got 5 points in the 100 free so points should be 61 points

MEDAL TABLE

TONBRIDGE 7TH PLACE WITH 9 GOLD/1 SILVER 4 BRONZE Not sure this is correct on the website as TSC had 9 gold 1 silver and 3 bronze after 10 sessions so should be 9 GOLD 2 SILVER AND 4 BRONZE

BEACHFIELD 10TH PLACE WITH 3 GOLD 3 SILVER /0 BRONZE

Beachfield 4 MC silver medals.

See you all tomorrow

Pete