Combined Meet report of TSC and BSS Kent County Championships 2019 held at Crystal Palace 9/2/19

DAY 7 Session 15

The penultimate day of Counties 2019 saw the girls swimming brst 100 and 200 's breastroke, BSS girl Genny Hunter toom to the water in the 100 bk taking home another silver and a 1 second pb and a new Scottish SB7 100Br record.

TSC girls 11 yr old Ellie Rogers and Willow Kienlen both competing for the first time at counties and long course Ellie swam well to win her heat finishing 12^{th} in her age group with a tidy little 4 second pb, 11 willow Kienlen also swimming long course for the first time came 23^{rd}

BSS Grace Dolman was next on the block, Grace was also swimming the 100 lc for the first time swam a nice race winning her heat from an outside lane to finish 16^{th} with a pb, 13 yr TSC swimmer Mia Devey swam to a long course pb the 4tg TSC and BSS swimmer on the trot not to have swam a long course 100 brst.

 $15~\rm yrs$ age grouper Lily Durnford was next to swim making the final of the girls $16~\rm yrs$ $100~\rm brst$ in $7^{\rm th}$ place an amazing achievement considering this was her first meet swimming it long course.

Holly Geake swam to final of the girls $14 \text{ yrs } 100 \text{ brst in } 4^{th} \text{ place with skills and lovely technique.}$

TSC girl Noemie Thomson not to be outdone joined holly in the final of her own 16 yrs age group with a pb in 6th place.

The last of the breaststrokers paired in lanes 7 and 8 were Tonbridge girls Erin Nisbet still recovering from a couple of days off ill with a high temp and Caitlin Ebbage in heat 18, Erin progressed to the final with a 2 second pb in $3^{\rm rd}$ place Caitlin made the final in $5^{\rm th}$ place a 1 second pb.

To summarise combining we had 9 swimmers from TSC and BSS with 5 swimmers making finals.

We had to wait until heat 10 of the boys 200 HDW bk before we were able to enjoy the first of the BSS /TSC swimmers in action BSS swimmer Josh Baar taking to the water in the 15 yrs age group , Josh having never swam this in as long course pool swam well to $11^{\rm th}$ place with obviously a pb.

After a week of illness and high temperature like several other swimmers over the last 3 weeks Tonbridge swimmer Josh Prendergast winning Gold by a 3 second margin taking his gold medal haul to number 7 and a perfect 7 second pb.

Last of the swimmers was BSS 16 yr old Brandon Harris winning his 5th silver missing out on the gold by only a second.

FINALS

Thre first of the girls breaststroke finals was the 14 yrs age group Tonbridge fielded 3 finalists Caitlin ,Holly and Erin all 3 girls got off to a good start and at halfway Holly was in $3^{\rm rd}$ Caitlin in $4^{\rm th}$ and Dern in $5^{\rm th}$ place. Over the next 50 Caitlin managed to find a spurt of power from her legs (currently undergoing some heavy duty rehab)improving on her heat time just managing to touch out Holly by a tenth of a second to win bronze Holly in $4^{\rm th}$ and Erin in $5^{\rm th}$ all 3 girls taking vital points for the club - well done all of you it was really cool to see 3 TSC swimmers in a final demonstrating the strong breaststroke element of the club

BSS girl Lily Durnford swam next in the 15 yrs 100 breastroke final finishing in 8^{th} a taking a point for the club well done Lily.

Noemie Thomson was the last swimmer in to the 16 yrs final consolidating her 6^{th} place entry from the heats with a 6^{th} place in the final.

SESSION 16

Ok and the last session of the day and we had the boys performing the 100 bk and the girls with the 200 brst.

 $12~\rm{yr}$ age grouper Charlie Brice from Tonbridge making a $4~\rm{second}$ pb and finishing in $14^{\rm{th}}$ place

TSC swimmer Ollie Isaacs could not wait to swim one of his fav. events the 100 bk 15 yrs age grouper Ollie had steadied out his head a bit making a steady stroke rate for both 50s Ollie placed 21 st.

BSS lad Josh Baar débuted in the 15 yrs 100 bk long course stunning all with a 4^{th} place in the final and a pb.

TSC swimmer Josh Prendergast another of our swimmers under the weather this week missing sessions with a high temp was clearly feeling a bit unwell as he set off in the boys 13 yrs 100 bk courageously stepping up and making the final in second place. Last up again was Brandon (suffering from illness last week) conserving energy eased his way in to the final of the boys 16 yrs 100 bk in pole position with a 1 second pb.

The 200 breastroke HDW event witnessed 4 Tonbridge girls swimming Caitlin taking 5^{th} place with a 2 second pb, in the 14 yrs age group Erin finishing in 11^{th} and Holly Geake getting a point in 8^{th}

Noemie Thomson gained a 5th place in the 16 yrs age group with a2 second pb.

FINALS

TSC /BSS combined made 3 finals of the 100 bk Josh Prendergast was, I think swimming on instinct but still managed to collect a silver with a 3.6 second pb.

The next Josh representing BSS was Josh Baar collecting 2 points for the club in 7th place.

Brandon was the last swimmer to go lining up in lane 4 Brandon took control of the race from the start and stayed there to the end going sub 30 at the turn finishing in style winning his 3rd Gold of the championships a 4 second pb and taking away the junior boys 16 and under trophy a very satisfying way to finish his 2019 campaign. Beachfield move up the table to 13th place on the points table

CLUB POINTS

TONBRIDGE 9TH PLACE WITH 241. 5 POINTS BEACHFIELD 13TH PLACE WITH 89 POINTS

MEDAL TABLE

TONBRIDGE 8^{TH} PLACE WITH 12 GOLDS, 3 SILVERS AND 8 BRONZE BEACHFIELD 10TH PLACE WITH 4 GOLD, 5 SILVERS AND 0 BRONZE

Genny wins 1 Gold and 4 silvers in paramedals table